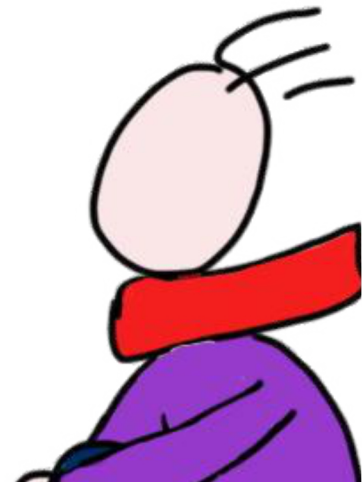
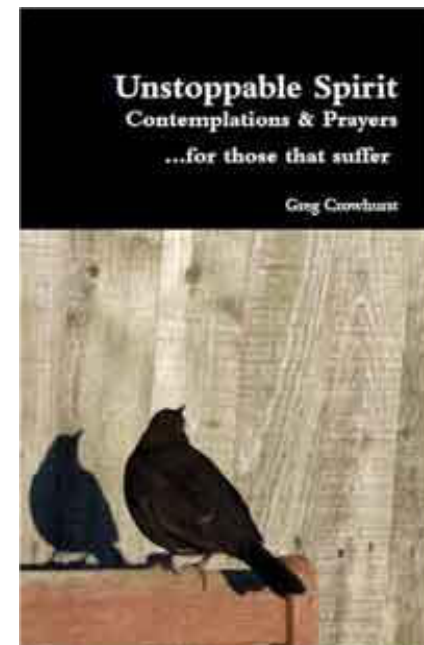
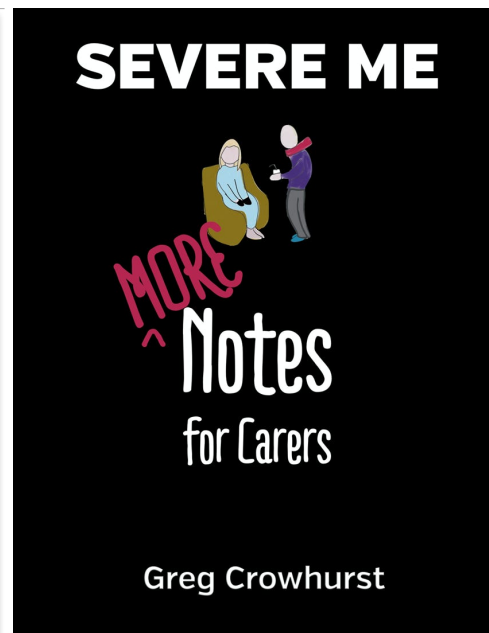
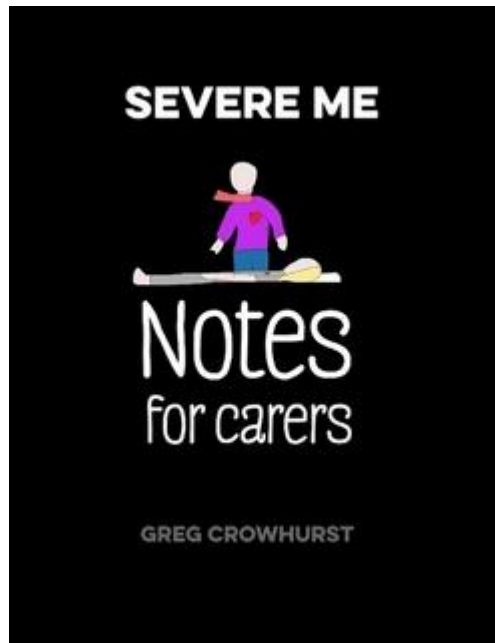


- Since 2006 -

Stonebird

THE EXPERIENCE OF SEVERE ME

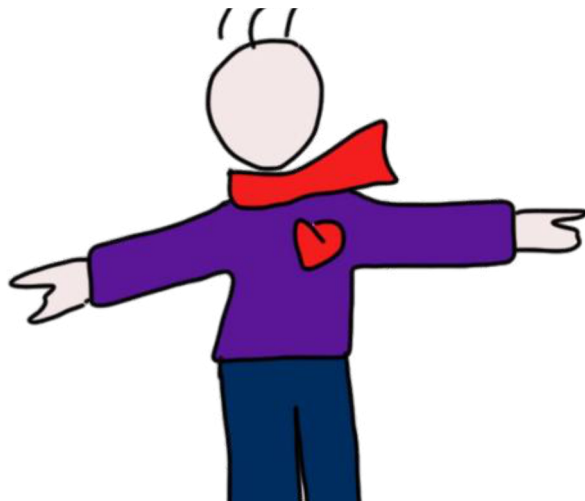
Books by Greg Crowhurst



Books by Greg Crowhurst

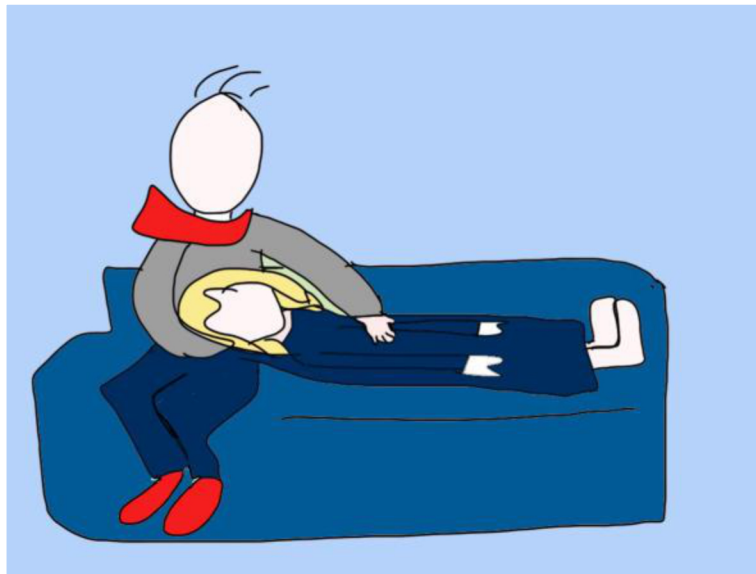


Written with love, may this book be a coach, a guide an inspiration!



Notes for Carers

A guide for people involved in caring for those who have Severe ME/ Very Severe ME, focused upon front-line carers, families, friends and those new to the disease.



SEVERE ME



Notes
for carers

GREG CROWHURST

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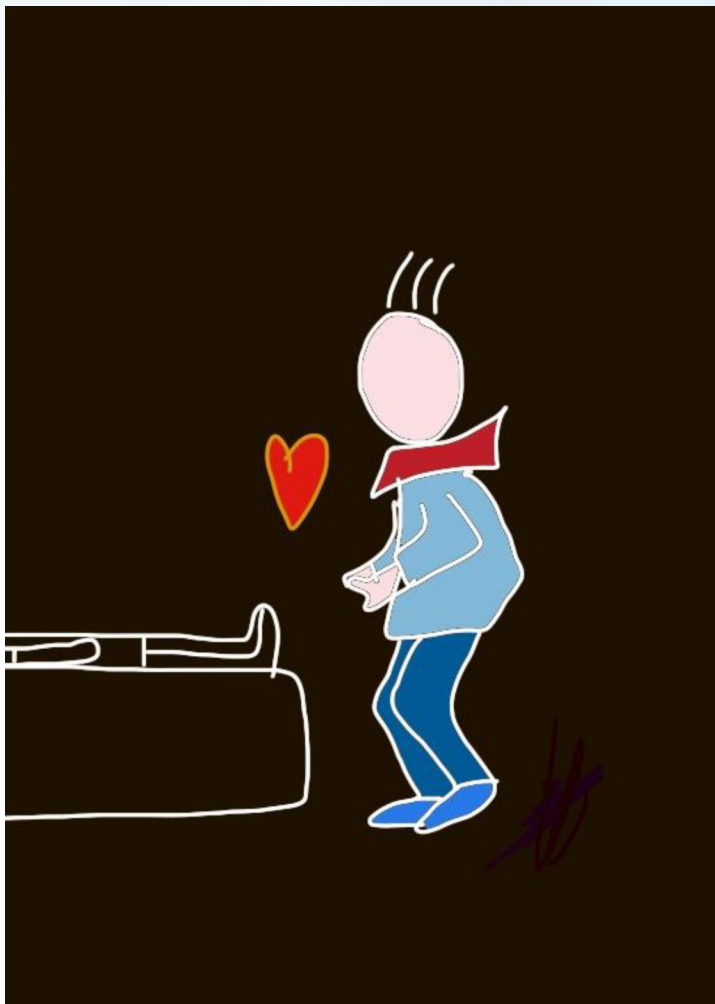
The terrible truth...

When you are thrown in at the deep end of this neglected, devastating neurological illness, it redefines your whole life. In the absence of medical respect, representation and expertise, this book shows how the carer can make all the difference.

<http://stonebird.co.uk/Notes/index.html>

Severe ME : More Notes For Carers

2

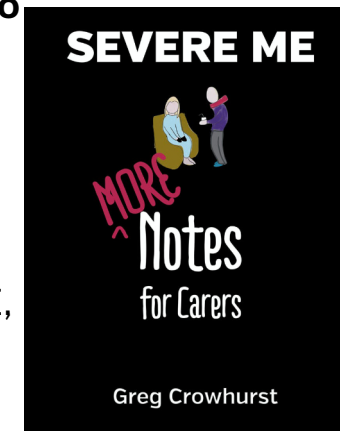


You need to understand that once you are given an ME label, you may find yourself lost in a wilderness of severe to extreme symptoms, with little or nothing being done to help you.

The best many can hope for is a proper diagnosis and a supportive GP who knows how physically ill you are and is willing to support you as best they can.

The worse you can expect is denial, negation, neglect, misinterpretation and a psychiatric interference which can lead to massive harm, if you have neurological ME.

Based upon thirty years of experience of caring for someone with Very Severe ME, packed with practical insights, featuring contributions from around the world, “*Severe ME, featuring Justice for Karina Hansen*” will help you better understand and deal with the complex social, medical and political reality into which you have been plunged.



Unstoppable Spirit : Contemplations & Prayers for those that suffer



The prayers and contemplations in this book come from two decades of pain, injustice and struggle.

3

Let go of any theory you might have or dogma or ideology, of any 'proper' way of approaching contemplation.

This book touches the joy, the hope, the wonder, the living presence of God, amidst suffering.

We have learned you can pray in silence or in movement. There are no limits. You do not just speak to an empty room. You enter into a mystery and there you find God, listening, embracing, loving, supporting you.

